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Revised September 2005

1.0 MEMBERSHIP

1.1 CLUB AFFILIATION

1.11 Competitive club

A club composed of swimmers who compete. This club may include competitive and recreational swimmers

1.12 Recreation Club

A club composed of swimmers who do not compete. This club includes recreational swimmers only.

1.2 SWIMMER AFFILIATION

1.21 Competitive swimmer

A swimmer who competes against others at competitive meets is considered a competitive swimmer.

1.22 Recreational swimmer

A swimmer who does not compete in any competitive meets is considered a recreational swimmer.

2.0 SANCTIONS

Sanction requests must be sent in duplicate to the Synchro Alberta (SA) office accompanied by the necessary fee. Sanctions must be obtained 14 days prior to any competition. Contact the Provincial Office for the sanction forms.

2.1 Wildrose and Provincial Stream Meets

The sanction fee for North/South meets will be \$35.00 and \$65.00 for Provincials, Wildrose Classic and the Spring Synch.

2.2 Invitational Meets.

The sanction fee for Invitational meet is \$20.00.

2.3 All Synchro Alberta affiliated swimmers must be sanctioned for out of Province Invitational meets, and training activities. Club must acquire a travel sanction fee of \$25.00 per event.

3.0 COMPETITIONS

3.1 ELIGIBILITY

3.11 All swimmers must swim in the appropriate North or South meet in order to advance to the next meet. Exceptions may be granted to those with a medical note.

3.12 In Tiers 1-5 the top 6 solos and the top 6 duets and all teams from the North and South Trials will qualify for the Wildrose Classic. In the event that there are not 6 entries in the North or the South Trials the quota will be filled by the respective other trial competition.

3.13 All competitors in Tier 6 & 7 from North and South Trials will qualify for Provincials.

3.14 In order to compete in the MASY Challenge a swimmer must compete at the North or South Trials.

3.2 FEES

3.21 Wildrose and Provincial stream entry fees will be reviewed annually and determined by the Synchro Alberta Board of Directors.

3.22 Invitational entry fees are up to the host club, but must be self funding.

3.23 Entry fees for all meets are non-refundable.

3.3 AWARDS

3.31 Synchro Alberta ribbons will be awarded for 1st to 6th place for all North/South figure, routine and championship results.

3.32 Synchro Alberta medals will be awarded for 1st to 3rd and ribbons for 4th to 6th place for

championship results at Provincials and Wildrose Classic. Synchro Alberta ribbons will be awarded for 1st to 6th place for all figure and routine results at Provincials and Wildrose Classic.

- 3.33 Synchro Alberta ribbons will be awarded for 1st to 6th in all events for Masters.
- 3.4 All Synchro Alberta meets must have a Meet Manager, venue and host club by the September 1st preceding the competitive season.

4.0 PROTESTS

In the event of a protest during a competition, the protest will be submitted as follows:

1. in written format
2. to the Chief Referee;
3. by the Club Head Coach or designated alternate;
4. include a deposit of \$50.00 (returnable if the protest is successful);
5. within 30 minutes of the conclusion of the respective event.

5.0 OFFICIALS & OFFICIATING

5.1 All officials (judge or referee) must be a member of Synchro Alberta.

5.2 CLASSIFICATIONS AND QUALIFICATIONS OF OFFICIALS

5.21 Judges

- Official 1A: can judge Tier 1 figures only, can examine Stars 1-5 or competitive Tier 1 part A & B test
- Official 1B: can judge Tiers 1-4 figures only, can examine Stars 1-9 or competitive Tier 1 to 3 competitive part A & B test
- Official 1: can judge Tiers 1-4 figures & routine, can referee Tier 1-4 figures & assistant referee Tier 1-4 routines and can examine Stars 1-9 or competitive Tier 1 to 3 competitive part A & B test
- Official 2A: can judge Tiers 1-6 figures, can examine Stars 1- Superstar 3 or competitive Tier 1 to 6 competitive part A & B test
- Official 2B: can judge Tiers 1-7 figures, can examine Stars 1- Superstar 6 or competitive Tier 1 to 7 competitive part A & B test
- Official 2: can judge & referee Tiers 1-7 figures & routines and can examine Stars 1 – Superstar 6 or competitive Tier 1 to 7 competitive part A & B test

Note: If an Official 2A or 2B is also Official 1 they can judge Tiers 1-4 routines as well

- Official 3: can judge all Tier 1-7 figures & routines up to Divisional Championships
- Official 4: can judge at National Championships

5.22 Referee

- Official 1C: can assistant referee and referee figures at competitions and/or assistant referee routines in Tiers 1-4
- Official 2C: can assistant referee and referee all figure and routine meets up to Provincials
- Referee 3: can referee at Provincial and Divisional Championships.
- Referee 4: can referee at National Championships.

5.3 Judges Panels

- 5.31 Judges will be selected for panels based on their classification and qualifications.
- 5.32 Judges are to have no conflicts: coach or relative of a swimmer in the respective event.
- 5.33 For figure events each judges panel should have 5 judges where possible and a minimum of 3 judges.
- 5.34 For routine events the ideal situation is 10 judges whereby you have 5 for Technical Merit and 5 for Artistic Impression. A minimum of 6 judges where possible.

- 5.4 Judges must re-certify every two years.
- 5.5 Jury of Appeal for all Provincial Championships and all other meets within the Province shall be named by the Judges Chairperson or appointed designate.
- 5.6 The Chief Referee is in complete charge of the meet.

6.0 COACHING

- 6.1 All coaches at Provincial meets coaching Tier 1-3, must be a minimum of Level 1 fully certified or be working towards Level 1 certification, having 2 years from registration as a coach, to complete Level 1. All coaches at Provincial meets coaching Tier 4-7, must be a minimum of Level 2 fully certified or be working towards Level 2 certification, having 2 years from the time they begin coaching at Tier 4-7, to complete Level 2

7.0 WESTERNS SELECTION COMMITTEE

The Provincial President or his/her designate will represent Synchro Alberta for selections to Nationals.

8.0 MASTERS RULES

(These are rules limited to Synchro Alberta, which are supplemental to Synchro Canada and FINA rules)

8.1 ELIGIBILITY:

8.11 Masters synchronized swimming is open to all competitors 18 years of age or older, who are no longer engaged in Amateur Provincial or Canadian Competitions. Once an athlete affiliates as a master swimmer, he/she may not compete as an amateur swimmer in that competitive season, nor hold an amateur card in synchronized swimming (i.e. now holds a master's card as opposed to an amateur card.)

8.12 Female and male athletes will compete together in all events.

8.2 AGE REQUIREMENTS

8.21 Age Groups:

Solo and Duet: 18-29, 30-39, 40-49, 50-59, 60-69, 70+.

Trios and Teams: 18-34, 35-49, 50-64, 65+.

8.22 For duets, trios, and teams the age is determined by the average age of the competitors.

8.3 ALBERTA LEVELS OF COMPETITION

8.31 Novice: Those swimmers new to the sport of synchronized swimming or those Masters who have competed at a Masters Recreational or Masters Novice level in the past.

Competitive: Those swimmers who have competed as Masters in this level previously and those swimmers who competed at the Tier 1-5 or 'B' or 'C' levels previously.

Grand Masters: Those swimmers who have competed as Masters in this level previously and those swimmers who have competed at the Tier 6/7 or 'A' level.

8.32 A swimmer may enter at any level at or above his/her level and is encouraged to swim at the level where he/she is most competitive. In national events there is only one level - Masters.